



About Us



Carer Support Wiltshire is a registered independent charity that supports unpaid carers in Wiltshire and Dorset. Our aim is to create a society which understands and supports unpaid carers.

Our Carer Money Matters service was established in 2024 in partnership with Carers Trust.

The programme's aim is to provide financial support and information that considers the unique financial needs carers have. We find practical solutions to help unpaid carers take back financial control of their lives.



Contact:

Wiltshire:

Website: carersupportwiltshire.co.uk
Email: admin@carersupportwiltshire.co.uk
Phone: 0800 181 4118

Dorset

Website: carersupportdorset.co.uk
Email: admin@carersupportdorset.co.uk
Phone: 0800 368 8349

An Employers' Guide to Supporting Carers in the Workplace

Unpaid Carer Statistics



- There are **5.8 MILLION UNPAID CARERS** in the UK
- **73% of carers in employment said they FOUND IT STRESSFUL TO JUGGLE WORK AND CARE**
- **61% of unpaid carers are WORRIED ABOUT LIVING COSTS and managing in the future**

Know your duty of care



How we can help you

- Carer awareness talks
- Information stands in the office
- Supporting you to write a carers policy
- Meet with you or your team to raise the profile of unpaid carers in your workforce
- Create referral pathways to ensure your carer workforce has access to services that can support them to balance work alongside caring
- Our Carer Money Matters team can help unpaid carers with any financial worries they may have
- Provide a list of other organisations that can help with unpaid carer support in the workplace

We can help you support unpaid carers today



How YOU can support unpaid carers

- Know your legal responsibilities to carers in your workplace e.g. carers leave, flexible working requests, protection from discrimination, parental leave, time off for emergencies
- Carers Champions in workplaces
- Highlighting articles in intranet communications & newsletters
- Establish or promote a support group, or offer a Carers Passport scheme
- Get involved in and host awareness campaigns relating to unpaid carers



Carer Support Wiltshire, Independent Living Centre, St George's Road, Semington, Trowbridge, Wiltshire, BA14 6JQ

Registered Charity No. 1092762 Company limited by guarantee 4415685

How to identify carers in the workplace

- Offer clear policies on carer's leave, flexible working & employee assistance programs
- Add questions about caring responsibilities into onboarding, staff surveys & wellbeing check-ins
- Train all managers to sensitively ask about responsibilities outside of work
- Watch for common signs of someone trying to balance a job with a caring role (e.g. regular requests for flexible hours, appearing stressed)
- Include a question about caring responsibilities during return-to-work interviews, or wellbeing check-ins

Skills carers can bring to your workplace:

Time management, problem-solving, great communication skills, emotional intelligence, organisation, resilience, stress management & SO MUCH MORE!