



Who are we?

Carer Support Dorset is the lead organisation for unpaid carers across Dorset. We provide information, advice and guidance to carers of all ages, including **young carers. We maintain the Dorset register for young carers.**

Young Carers

What can we offer?

- Access to our **helpline** and email for information, advice and guidance about anything related to their role as a young carer
- Receive a **free** carers card that can be used for a variety of discounts at places across Dorset (such as: discounted gym memberships, activity centres, food, family days out and hairdressers)
- Be referred to Dorset Council Young Carers service for a young carer **assessment**
- Ongoing support and **signposting** to services
- Sign up to our young carer **newsletters** that have the latest updates on events and include fun activities

Contact us



0800 368 8349



admin@carersupportdorset.co.uk



**www.carersupportdorset.co.uk
/young-carers/**

**Please call us to
register a young
carer with our
service**