

Carers Week Wordsearch

Unpaid carers can often feel like they are 'hidden'. They do so many things for the person they care for, often without recognition. Can you find all of the hidden words below that relate to some of what carers do and how they can feel?

O	V	E	R	W	H	E	L	M	E	D	E	U	E	E	R	R	A	N	D	S	P	J
A	D	M	I	N	I	S	T	E	R	I	N	G	M	E	D	I	C	I	N	E	O	E
E	R	I	A	O	D	Y	W	A	S	H	I	N	G	R	T	Y	O	R	I	U	T	T
R	E	E	T	G	K	T	S	C	H	F	M	U	N	A	P	H	P	J	R	T	U	K
A	I	P	E	H	Y	E	I	I	O	B	E	M	O	D	C	I	U	N	A	B	R	R
C	N	O	T	L	U	I	M	T	P	I	L	G	R	V	L	E	E	K	H	U	M	E
L	U	F	R	A	E	F	I	E	P	L	E	I	T	E	O	Y	E	E	E	V	P	T
A	M	N	I	V	Y	F	A	M	I	L	Y	E	S	L	N	E	A	L	O	N	E	S
N	U	I	N	N	E	S	T	F	N	U	E	E	I	S	E	U	E	T	C	A	T	A
O	E	S	E	T	H	E	P	G	G	M	E	O	O	T	L	T	Y	E	C	S	U	O
S	N	O	I	T	P	I	R	C	S	E	R	P	G	N	I	T	C	E	L	L	O	C
R	U	L	V	E	G	U	O	I	O	U	N	O	U	F	N	I	Y	I	E	P	E	R
E	B	A	J	A	I	A	U	G	C	E	E	E	O	M	E	M	A	D	A	P	R	E
P	T	T	L	R	E	H	D	N	M	E	I	Y	U	H	S	E	E	L	N	S	E	L
E	Y	I	P	F	Y	E	J	I	O	T	U	E	C	S	S	U	A	A	I	Y	T	L
Y	E	O	A	U	C	U	K	N	K	E	E	W	S	R	E	R	A	C	N	F	U	O
U	R	N	S	L	D	H	T	E	F	D	H	Y	T	L	A	G	P	D	G	I	O	R
I	I	D	E	D	I	C	A	T	E	D	R	E	O	O	G	N	I	K	O	O	C	R
E	P	I	O	A	I	S	O	S	H	I	E	L	D	I	N	G	A	U	S	E	I	O
U	R	A	T	T	E	N	D	I	N	G	A	P	P	O	I	N	T	M	E	N	T	S
E	M	O	T	I	O	N	A	L	S	U	P	P	O	R	T	E	O	R	U	E	T	E

Washing

Mowing the lawn

Shopping

Collecting prescriptions

Attending appointments

Personal care

Listening

Cleaning

Errands

Administering medicine

Emotional support

Rollercoaster

Family

Journey

Loneliness

Isolation

Cooking

Shielding

Carers Week

Fearful

Overwhelmed

Tearful

Alone

Strong

Proud

Dedicated